

Module 7: Medicare Preventive Services

Screening for Abdominal Aortic Aneurysm

Ultrasound to look for a weak area, or bulge in the wall of the body's largest blood vessel that carries blood away from the heart.

Welcome to Medicare Physical Exam

A one-time preventive exam covered by Medicare within the first 6 months you have Part B.

Bone Mass Measurement

A good way to help you and your doctor keep your bones strong.

Cardiovascular Screening

Blood tests that check your cholesterol and other blood fat (lipid) levels, to help avoid heart disease and stroke.

Colorectal Cancer Screening

Tests may include a fecal occult blood test, a flexible sigmoidoscopy, an examination of the lining of the large intestine, or a barium enema.

Diabetes Screening

A blood test to determine how well your blood sugar level.

Diabetes Services and Supplies

May include self-management training and medical nutrition therapy, and items used to inject insulin.

Glaucoma Screening

The best way for people to prevent losing eye sight due to an above-normal pressure in the eye.

Pap Test

Screening for cervical and vaginal cancer.

Prostate Cancer Screening

Blood test for men, covered by Medicare the day after 50th birthday.

Mammogram

X-ray examination of the breast to screen for cancer.

Smoking Cessation Counseling

Inpatient or outpatient sessions, either intermediate or intensive, to help people with Medicare quit tobacco use. The U.S. Surgeon General has reported that quitting leads to significant health benefits, even in older adults who have used tobacco for years.

Flu Shot

Yearly vaccine to prevent viral infection in people 50 and over.

Pneumonia Vaccination

Vaccine that helps protect the lungs from bacterial infection.

Hepatitis B Vaccine

A series of three shots that help protect the liver from a viral infection.

Prevention Gap

Proportion of people with Medicare who do not take full advantage of their Medicare-covered preventive benefits.

Obesity

Risk factor for diabetes.

Hispanic

High risk for glaucoma.

Module 7: Medicare Preventive Services

Hemophilia

High risk for Hepatitis B.

20%

How much you pay for most Medicare-covered preventive services in the Original Medicare Plan.

Low Body Weight

High risk for osteoporosis.

MyMedicare.gov

Online tool that helps you track your use of Medicare-preventive services.

25%

How much you pay for colorectal cancer screening test done in a hospital outpatient department, if you are in the Original Medicare Plan.

Healthy Lifestyle

Eat well, exercise, keep a healthy weight, don't smoke, get preventive services.